Super Nationals Program

September 3, 2025 – June 19, 2026



Match Play. Intense Drilling. Fitness.

Our award winning Super Nationals program is designed for ranked tennis players who exhibit the ability, desire and commitment to compete at a higher caliber as a prelude to college or professional tennis. This is an invitation only class, meaning you must be approved by the coach.

During this class, players will be trained through intense drilling, competitive match play and fitness, tactics and strategy. This is an all-encompassing program with a goal of producing top ranked, well rounded players. Physical fitness, consistency and mental toughness are crucial to the Super Nationals program.

DAYS AND TIMES

Mondays, Wednesdays, and Fridays: 5-7pm

PRICES

MEMBER

1 DAY = \$2,660 (38 sessions)

2 DAYS = \$5,123 (76 sessions, 10% Discount)

3 DAYS = \$6,840 (114 sessions, 20% Discount

We need the whole year commitment)

Drop-In \$80 a session

NON-MEMBER

1 DAY = \$3,192 (38 sessions)

2 DAYS = \$5,746 (76 sessions, 10% Discount)

3 DAYS = \$7.661 (114 sessions, 20% Discount

We need the whole year commitment)

Drop-In \$95 a session

Fridays: 5-7pm

specific days and times per week you are registering			
1) Number of days per week: 1 1 2 3			
2) Days and times of the week:			
☐ Mondays: 5 – 7pm ☐ Wednesdays: 5 – 7pm			

PROGRAM DETAILS

FACILITY

ONELIFE FITNESS – SKYLINE 5115 Leesburg Pike Falls Church, VA 22041

DATES

Start of Session – September 3, 2025 End of Session – June 19, 2026 NO CLASSES on the following dates: No sessions on November 27 – 30, 2025, December 22, 2025 to January 4, 2026, and May 25, 2026

MAKE UP & CREDIT POLICY

Classes may be made up during the session on a space available basis. It is important to attend class only on your registered day(s): You must email Carol to see if there is space available for a makeup. A credit may be issued due to a medical condition (letter from Doctor). NO REFUNDS WILL BE ISSUED ONCE THE CLASS HAS BEGUN.

REGISTRATION

Please fill out the medical information, release and registration form on the back prior to the first day of the session.

A CREDIT CARD MUST BE KEPT ON FILE AS REGISTRATION COSTS WILL BE SPLIT INTO MONTHLY PAYMENTS



Super Nationals Program Registration

September 3, 2025 to June 19, 2026

Player's Name		Age	
•		Email Address	
Member? Yes No If yes, Member#			
Payment Form:			
•	On File [Check (Payable to U.S. Fitness) Total Charges \$	
		_ CC #	
		Signature/Date	
I give Onelife Fitness permission to charge the credit card or club a			
A CREDIT C	ARD MU	CHEDULE AND INFORMATION ***** ST BE KEPT ON FILE AS SPLIT INTO MONTHLY PAYMENTS	
ME	DICAL II	NFORMATION	
Please list any limitations, injuries, medical conditions or health factors which may inhibit or limit player's activity:			
Allergies		Player's Physician	
Physician's Phone		Insurance Company	
Policy#		Emergency Contact	
Relationship		Phone	
MEDICAL AUTHORIZATION		PASS ACADEMY OF VA LLC	
When I or the emergency contact cannot be reached, I give my and permission for the named doctors to provide medical atter to my child. In the event that the doctors listed cannot be contact or in the event of an emergency I give any licensed physician, chospital or health care provider consent to perform emergency treatment at my expense as deemed necessary for the well-beichild. This may include transportation to the nearest emergency Parent Signature	ntion acted lentist, medical ng of my sy room.	Student Name	
Date		participation in this action, promoted 2, 1 action caucin, cr. 1 a ==0.	
		Signature (to be signed by student or if a child by student's parent)	
REL	EASE AI	ND INDEMNITY	
including, without limitation, death, serious neck and spinal injuric Participant confirms that he/she is voluntarily participating in su In consideration of making the facilities and/or such programs and legal representatives does hereby release and forever discharge U managers, members, officers, agents, representatives, guests and	es resulting ir ich programs d activities av SF S&H Virgii invitees from	ctivities offered at the Onelife Fitness – Skyline Club premises involves certain risks, in complete or partial paralysis, heart attacks, and injury to bones, joints, or muscles. In and activities, including tennis programs, with knowledge of the dangers involved. It is and activities, including tennis programs, with knowledge of the dangers involved. It is also that the participant hereby for and on behalf of Participant and Participant's heirs and inia, LLC and its principals, contractors, affiliates, employees, equity holders, directors, any and all claims and demands of every kind, nature and character which Participant in connection with any such program the suffered or sustained by Participant in connection with any such program.	
Signed		Date	
Please print your name		(You must be 18 years of age or older to sign this form)	
CHECK IF APPLICABLE:			
I am signing this Agreement not only for myself, be legal guardian, custodian or otherwise legally res		behalf of the following minor children for whom I am parent,	