

TACTICS. POINTS. DRILLS. FITNESS.

This is an invitational only class, meaning you must be approved for this class. This program is intended for intermediate to advanced junior tennis players ages 7-11, seeking a pathway to advanced tournament play. Players will be coached by our High Performance coaches in tactics while playing points, receive intense drilling and participate in competitive games. Players in this clinic must exhibit a strong work ethic and always be willing to give their best effort and attitude.

HIGH PERFORMANCE

(GREEN BALL)

September 7, 2021 - June 19, 2022



TOURNAMENT PLAYERS

PROGRAM DETAILS

DAYS AND TIME

Mondays: 4pm - 5pm (20 sessions)
Member \$600 / Non-Member \$800

Fridays: 4pm - 5pm (20 sessions)
Member \$600 / Non-Member \$800

FACILITY:
ONELIFE FITNESS - SKYLINE
5115 Leesburg Pike
Falls Church, VA 22041

DATES:

Start of Session: September 7, 2021
End of Session: February 6, 2022
No Classes: Dec 24- Jan 2, 2022

MAKE UP & CREDIT POLICY: Classes may be made up during the session on a space available basis. A credit may be issued due to a medical condition (letter from Doctor). NO REFUNDS WILL BE ISSUED ONCE THE CLASS HAS BEGUN.

Player's Name _____ Age _____

Parent's Name _____ Phone _____ Email Address _____

Member? Yes No If yes, Member# _____

Payment Form:

Amex M/C Visa Discover Card On File Check (Payable to US Fitness) Total Charge \$ _____

Name on CC: _____ CC #: _____

Exp Date: _____ Zip Code: _____ Signature/Date: _____

4 STAR TENNIS ACADEMY OF VA LLC

Student Name _____ It is understood that the student is in overall good physical health. In the event that there is a physical condition that may limit or restrict participation in certain activities, a physicians note must be presented.

RELEASE : In consideration of the tennis training, I agree to hold 4 Star Tennis Academy of Va LLC harmless for injury or loss that may occur as of result of my participation in this activity provide by 4 Star Tennis Academy of Va LLC.

Signature _____

[to be signed by student or if a child by student's parent]

RELEASE: In consideration of making facilities and/or services available, I do hereby for and on behalf of myself and my heirs and legal representatives, release and forever discharge USF S&H Virginia, LLC, its owners, managers and representatives from any and all claims and demands of every kind, nature and character which I, or my child, may have or hereafter acquire for any and all damages or losses which may be suffered or sustained by me, or my child, in connection with our use of such facilities/services and all such claims are hereby waived and released.

Signature: _____ Date: _____

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5115 Leesburg Pike
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QUESTIONS?

Email: Masha4star@gmail.com