

Super Nationals Program

September 5, 2023 – June 14, 2024



Match Play. Intense Drilling. Fitness.

Our award winning Super Nationals program is designed for ranked tennis players who exhibit the ability, desire and commitment to compete at a higher caliber as a prelude to college or professional tennis. This is an invitation only class, meaning you must be approved by Director **Aaron Gomez**.

During this class, players will be trained through intense drilling, competitive match play and fitness, tactics and strategy. This is an all-encompassing program with a goal of producing top ranked, well rounded players. Physical fitness, consistency and mental toughness are crucial to the Super Nationals program.

DAYS AND TIMES

Mondays, Wednesdays, and Fridays: 5 – 7pm

PRICES

MEMBER

- 1 DAY = \$2,280 (38 sessions)
- 2 DAYS = \$4,332 (76 sessions, 5% Discount)
- 3 DAYS = \$6,156 (114 sessions, 10% Discount)

NON-MEMBER

- 1 DAY = \$2,736 (38 sessions)
- 2 DAYS = \$5,199 (76 sessions, 5% Discount)
- 3 DAYS = \$7,388 (114 sessions, 10% Discount)



Aaron Gomez

PROGRAM DETAILS

FACILITY

ONELIFE FITNESS – SKYLINE
5115 Leesburg Pike
Falls Church, VA 22041

DATES

Start of Session – September 5, 2023
End of Session – June 14, 2024
NO CLASSES on the following dates:
Nov 23 – 24 & Dec 24 – Jan 1, 2024; May 27, 2024

MAKE UP & CREDIT POLICY

Classes may be made up during the session on a space available basis. It is important to attend class only on your registered day(s): You must email Carol to see if there is space available for a makeup. A credit may be issued due to a medical condition (letter from Doctor). **NO REFUNDS WILL BE ISSUED ONCE THE CLASS HAS BEGUN.**

REGISTRATION

Please fill out the medical information, release and registration form on the back prior to the first day of the session.

**A CREDIT CARD MUST BE KEPT ON FILE AS
REGISTRATION COSTS WILL BE SPLIT INTO
MONTHLY PAYMENTS**

Please check the box for the number of days and specific days and times per week you are registering:

1) Number of days per week:

- 1 2 3

2) Days and times of the week:

- Mondays: 5–7pm Wednesdays: 5–7pm
 Fridays: 5–7pm

ONELIFE FITNESS – SKYLINE

5115 LEESBURG PIKE, FALLS CHURCH, VA 22041

QUESTIONS? Email cdeocampo@onelifefitness.com

Super Nationals Program Registration

September 5, 2023 to June 14, 2024

Player's Name _____ Age _____

Parent's Name _____ Phone _____ Email Address _____

Member? Yes No If yes, Member# _____

Payment Form:

AMEX MC VISA Discover Card On File Check (Payable to U.S. Fitness) Total Charges \$ _____

Name on CC _____ CC # _____

Exp. Date _____ Zip Code _____ Signature/Date _____

I give Sport&Health permission to charge the credit card or club account provided by me.

******* ADDITIONAL PAYMENT SCHEDULE AND INFORMATION *******
A CREDIT CARD MUST BE KEPT ON FILE AS
REGISTRATION COSTS WILL BE SPLIT INTO MONTHLY PAYMENTS

MEDICAL INFORMATION

Please list any limitations, injuries, medical conditions or health factors which may inhibit or limit player's activity:

Allergies _____

Physician's Phone _____

Policy# _____

Relationship _____

Player's Physician _____

Insurance Company _____

Emergency Contact _____

Phone _____

MEDICAL AUTHORIZATION

When I or the emergency contact cannot be reached, I give my consent and permission for the named doctors to provide medical attention to my child. In the event that the doctors listed cannot be contacted or in the event of an emergency I give any licensed physician, dentist, hospital or health care provider consent to perform emergency medical treatment at my expense as deemed necessary for the well-being of my child. This may include transportation to the nearest emergency room.

Parent Signature _____

Date _____

PASS ACADEMY OF VA LLC

Student Name _____

It is understood that the student is in overall good physical health. In the event that there is a physical condition that may limit or restrict participation in certain activities, a physicians note must be presented.

RELEASE

In consideration of the tennis training, I agree to hold Pass Academy of Va LLC harmless for injury or loss that may occur as of result of my participation in this activity provide by Pass Academy of Va LLC.

Signature (to be signed by student or if a child by student's parent)

RELEASE AND INDEMNITY

RELEASE: Participant understands that engaging in programs and physical activities offered at the Onelife Fitness – Skyline Club premises involves certain risks, including, without limitation, death, serious neck and spinal injuries resulting in complete or partial paralysis, heart attacks, and injury to bones, joints, or muscles. Participant confirms that he/she is voluntarily participating in such programs and activities, including tennis programs, with knowledge of the dangers involved. In consideration of making the facilities and/or such programs and activities available, Participant hereby for and on behalf of Participant and Participant's heirs and legal representatives does hereby release and forever discharge USF S&H Virginia, LLC and its principals, contractors, affiliates, employees, equity holders, directors, managers, members, officers, agents, representatives, guests and invitees from any and all claims and demands of every kind, nature and character which Participant may have or hereafter acquire for any and all damages, injuries or losses which may be suffered or sustained by Participant in connection with any such program or activity.

Signed _____ Date _____

Please print your name _____ (You must be 18 years of age or older to sign this form)

CHECK IF APPLICABLE:

I am signing this Agreement not only for myself, but also on behalf of the following minor children for whom I am parent, legal guardian, custodian or otherwise legally responsible.

Please print name(s) of all minor children in your care visiting Onelife Fitness – Skyline _____